

Graduate-Level QSEN Competencies Knowledge, Skills and Attitudes September 24, 2012

Background

The Robert Wood Johnson Foundation (RWJF) has made significant and ongoing contributions to ensure that nursing professionals are provided the knowledge and tools needed to deliver high quality, safe, effective, and patient-centered care. Much of this work has focused on nurses in entry-level roles. Beginning with Phase I, the Quality and Safety Education in Nursing (QSEN) project, led by Dr. Linda Cronenwett, identified the knowledge, skills, and attitudes (KSAs) that nurses must possess to deliver safe, effective care (Smith, Cronenwett, & Sherwood, 2007). This phase met the challenge of preparing future nurses to continuously improve the quality and safety of the healthcare systems within which they work. In Phase II, QSEN faculty, a National Advisory Board, and 17 leaders from 11 professional organizations representing advanced nursing practice defined graduate-level quality and safety competencies for nursing education and proposed targets for the KSAs for each competency (Cronenwett et al., 2009). Additionally, in QSEN Phase III, RWJF funded significant work at the American Association of Colleges of Nursing (AACN). This work developed the capacity of faculty engaged in pre-licensure nursing education of all types to mentor their colleague faculty members in the integration of the evidence-based content that will educate entry-level students about the six QSEN competencies.

The growing focus on ensuring and measuring quality and efficiency of healthcare outcomes necessitates markedly transformed graduate-level nursing education. In keeping with the Institute of Medicine's report on the *Future of Nursing* (2011), graduate nurses will be the future leaders in practice, administration, education, and research. Due to healthcare reform, multiple changes in the delivery of care, and the number of Americans with access to this care, the need for highly educated nurses will expand dramatically. It is essential that these nurses understand, provide leadership by example, and promote the importance of providing quality health care and outcome measurement.

In February 2012, RWJF engaged AACN in an effort to expand the reach of the national QSEN initiative in graduate education programs. Building on work completed by AACN at the undergraduate level and also in Phase II of the earlier QSEN initiative, this new project was launched to provide educational resources and training to enhance the ability of faculty in master's and doctoral nursing programs to teach quality and safety competencies. During this phase of QSEN, AACN collaborated with expert consultants and stakeholders to achieve four primary goals, specifically:

- Update and reach consensus on the quality and safety competencies that must be accomplished in a graduate nursing program;
- Create learning resources, modules, and interactive case studies to help prepare graduates with the competencies needed to provide quality and safe care across all settings;
- Host workshops to train faculty from over half of the nation's graduate-level nursing programs and their clinical partners to facilitate the implementation of the consensus-based competencies; and
- Develop a Web-based learning program, a speakers' bureau, an online collaboration community, and content-specific teaching materials for graduate-level faculty and their clinical partners.

In order to accomplish the first goal, AACN convened a panel of experts in the field of quality and safety education and graduate-level practice as well as representatives of key stakeholder organizations. This advisory group reviewed the existing QSEN graduate competencies, as well as AACN's recently revised *Essentials of Master's Education in Nursing* (2011), to determine the competencies that graduate-prepared nurses must possess to meet contemporary care standards.

The KSAs on pages 5-18 represent the advisory group's consensus on the graduate-level quality and safety competencies that are relevant to the existing standards for all graduate nursing education. Sections in bold represent content from the 2009 *Nursing Outlook* article by Dr. Cronenwett and colleagues; the non-bolded sections are the revisions recommended by the advisory group.

Definitions of QSEN Competencies

Quality Improvement (QI): Use data to monitor the outcomes of care processes and use improvement methods to design and test changes to continuously improve the quality and safety of healthcare systems.

Safety: Minimize risk of harm to patients and providers through both system effectiveness and individual performance.

Teamwork and Collaboration: Function effectively within nursing and interprofessional teams, fostering open communication, mutual respect, and shared decision-making to achieve quality patient care.

Patient-centered Care: Recognize the patient or designee as the source of control and full partner in providing compassionate and coordinated care based on respect for patient's preferences, values, and needs.

Evidence-Based Practice (EBP): Integrate best current evidence with clinical expertise and patient/family preferences and values for delivery of optimal health care.

Informatics: Use information and technology to communicate, manage knowledge, mitigate error, and support decision making.

Graduate-Level QSEN Competencies

Quality		
Knowledge	Skills	Attitudes
Describe strategies	Translate aims for	Commit to concepts of transparency,
for improving	quality improvement	managing variability measurement and
outcomes at all	efforts	accountability
points of care		
	Align the aims,	
	measures, and changes	
	involved in improving	
	care	
Describe nationally	Use a variety of	Commit to achieving the highest level of
accepted quality	sources of information	processes and outcomes of care
measures and	to review outcomes,	
benchmarks in the	compare benchmarks	Inspire others to achieve benchmark
practice setting	of care, and identify	performance
	potential areas for	
	improvement (e.g.,	Model behaviors reflective of a
	National Database of	commitment to high quality outcomes
	Nursing Quality	
	Indicators; Hospital	
	Compare; Center for	
	Medicare/ Medicaid	
	Services (CMS)	
	indicators, Joint	
	Commission: ORYX,	
	National Public Health	
	Performance Standards	
	and others)	
	Participate in analysis	
	of databases as sources	
	of information for	
	improving patient care	
	TT1'4 ' 1' /	
	Use quality indicators	
	and benchmarks for	
	improving system	
E 1 4 4	processes and outcomes	X7.1 (1.2 ()
Evaluate the	Identify useful measures	Value the importance of the use of data
relevance of quality	that can be acted on to	in quality improvement
indicators and their	improve outcomes and	
associated	processes	

measurement		
strategies		
Explain variance	Select and use quality	Commit to reducing unwarranted
and its common	improvement tools	variation in care
causes in patient	(e.g., run charts,	variation in care
care process and	control charts, root	
outcomes including	cause analysis, flow	
costs	diagrams and GANTT	
Costs	charts) to achieve best	
	possible outcomes	
Analyze ethical	Participate in the	Value ethical conduct in quality
issues associated	design and monitoring	improvement efforts
with continuous	of ethical oversight of	•
quality	continuous quality	Value the roles of others, such as IRBs,
improvement	improvement projects	in assessing ethical and patient
•		rights/informed decision making
	Maintain	
	confidentiality of any	
	patient information	
	used in quality	
	improvement efforts	
Analyze the impact	Lead improvement	Demonstrate commitment to process
of context such as	efforts, taking into	improvement
access, cost,	account context and best	
environment,	practices based on	Value context (e.g., work environment,
workforce, team	evidence	team functioning, social determinants)
functioning, or		as an important contributor in quality
community		care
engagement on		
improvement		
efforts	A 1 1	A
Understand	Apply change	Appreciate that all improvement is
principles of	management principles	change
change	by using data to	Demonstrate leadership in effecting the
management	improve patient and	Demonstrate leadership in affecting the
Evaluate the effect	systems outcomes Design, implement,	necessary change Value planned change
of planned change	and evaluate small	varue pranned change
on outcomes	tests of change in daily	
	work (e.g., using an	
	experiential learning	
	method such as Plan-	
	Do-Study-Act)	
Analyze the impact	Use benchmarks that	Consistent with the National Quality
of linking payment	carry financial penalties	Strategy, commit to achieving the
to quality	(e.g., serious reportable	highest quality of care in the practice

improvement	events) to improve care	setting (e.g., National Strategy's aims of Better Care, Healthy People, and Affordable Care)
Describe the intent and outcomes of public reporting	Use public reporting information to advance quality improvement efforts	Appreciate that consumers will be more empowered to make decisions based on quality information
		Value community engagement in quality improvement decision making

Safety		
Knowledge	Skills	Attitudes
Analyze factors that create a culture of safety and a "just culture"	Use existing resources to design and implement improvements in practice (e.g., National Patient Safety Goals)	Commit to being a safety mentor and role model Accept the cognitive and physical limits of human performance
	Use evidence and research- based strategies to promote a "just culture"	Value a systems approach to improving patient care instead of blaming individuals
Identify best practices that promote patient, community, and provider safety in the practice setting	Integrate strategies and safety practices to reduce risk of harm to patients, self and others (e.g., risk evaluation and mitigation strategy [REM])	Value the process of risk reduction in health systems
Analyze human factors safety design principles as well as commonly used unsafe practices (e.g., work-arounds, risky behavior, and hazardous abbreviations)	Demonstrate leadership skills in creating a culture where safe design principles are developed and implemented Engage in systems focus when errors or near misses occur Promote systems that reduce reliance on memory	Appreciate the role of systems problems as a context for errors Accept the limitations of humans

Identify effective strategies to promote a high reliability organization	Create high reliability organizations based on human factors research Report errors and support members of the health care team to be	Commit to working to achieve a high reliability organization Value the contribution of standardization and reliability to safety
	forthcoming about errors and near misses Anticipate/prevent systems failures/hazards	Value open and honest communication with patients and families about errors and hazards
		Encourage reporting of errors as a foundational element to improve quality and systems
Describe evidence-based practices in responding to errors and good catches	Use evidenced-based best practices to create policies to respond to errors and "good catches"	Value the use of organizational error and reporting systems
Identify process used to analyze causes of error and allocation of responsibility and accountability (e.g., root cause analysis and failure mode effects analysis)	Design and implement microsystem changes in response to identified hazards and errors	Commit to identification of errors and hazards Commit to individual accountability for errors
Summarize methods to identify and prevent verbal, physical and psychological harm to patients and staff	Encourage a positive practice environment of high trust and high respect Develop culture where hostile work environment is not tolerated. Use best practices and legal requirements to report and prevent harm	Value a work and patient care culture where dignity and respect are fostered inclusive of prevention of assaults and loss of dignity for patients, staff and aggressors
Analyze potential and actual impact of national patient safety resources, initiatives and regulations on systems and practice	Use national patient safety resources to design and implement improvements in practice	Value the relationship between national patient safety campaigns and implementation of system and practice improvements

Teamwork and Collaboration			
Knowledge	Skills	Attitudes	
Analyze self and other team members strengths, limitations, and values	Demonstrate awareness of personal strengths and limitations as well as those of team members	Value the contributions of self and others to effective team function	
Understand the roles and scope of practice of each interprofessional team member including patients, in order to work effectively to provide the highest level of care possible	Work with team members to identify goals for individual patients and populations Function competently within own scope of practice as a member of the health care team	Respect the centrality of the patient/family as core member of any health care team Value the team approach to providing high quality care	
	Ensure inclusion of patients and family members as part of the team based on their preferences to be included		
Analyze the impact of team-based practice	Act with integrity, consistency, and respect for differing views Continuously plan for improvement in self and others for effective team development and functioning	Commit to being an effective team member Be open to continually assessing and improving your skills as a team member and leader	
Analyze strategies for identifying and managing overlap in team member roles and accountabilities	Guide the team in managing areas of overlap in team member functioning	Value conflict resolution as a means to improve team functioning	
	Use effective practices to manage team conflict Elicit input from other team members to improve individual, as well as team, performance	Support the development of a safe team environment where issues can be addressed between team members and conflict can be resolved	

Analyze strategies that influence the ability to initiate and sustain effective partnerships with member of nursing and interprofessional teams Analyze impact of cultural	Initiate and sustain effective health care teams Integrate into practice interprofessional competencies as developed (e.g., IPEC teamwork, collaboration, understanding each other's roles, communication) Communicate with team	Commit to interprofessional and intraprofessional collaboration Commit to cultural humility
diversity on team functioning	members, adapting communication style to the needs of team and situation	within the team
Analyze differences in communication style and preferences among patients and families, nurses, and other members of the health team	Communicate respect for team member competence in communication	Value different styles of communication
Describe strategies to integrate patients/families as primary members of the healthcare team	Use patient-engagement strategies to involve patients/families in the healthcare team	Value patients/families as the source of control for their health care
Describe strategies to engage patients, families and communities in health promoting activities and behaviors	Use participatory engagement strategies to involve patients, families and communities as partners in promoting healthy behaviors	Value equitable partnership with patients, families and communities in determining health promotion priorities and strategies
Describe appropriate handoff communication practices	Use communication practices that minimize risks associated with handoffs among providers and across transitions of care	Appreciate the risks associated with handoffs among providers and across transitions in care
Analyze authority gradients and their influence on teamwork and patient safety	Choose communication styles that diminish the risks associated with authority gradients among team members	Value the solutions obtained through systematic interprofessional collaborative efforts

	Assert own position, perspectives, and supporting evidence in discussion about patient care	
Identify system barriers	Lead or participate in the	Value the influence of
and facilitators of effective	design and	system solutions in
team function	implementation of systems	achieving team
	that support effective	functioning
	teamwork	O
Examine strategies for	Apply state and national	Value the importance of
improving systems to	policy efforts to practice	state and national policy
support team functioning	setting that improve	work in setting standards
	teamwork and	for improvement of
	collaboration	teamwork and collaboration

Patient-Centered Care		
Knowledge	Skills	Attitudes
Analyze multiple	Based on active listening to	Commit to the patient being
dimensions of patient-	patients, elicit values,	the source of control and
centered care including	preferences, and	full partner in his/her care
patient/family/community	expressed needs as part of	
preferences and values, as	clinical interview,	
well as social, cultural,	diagnosis, implementation	
psychological, and spiritual	of care plan as well as	
contexts	coordination and	
	evaluation of care	
Analyze the factors that	Identify and create plans to	Commit to system changes
create barriers to patient-	address barriers in care	to create a patient-centered
centered care	settings that prevents fully	care environment
	integrating patient-centered	
	care	
Synthesize critical	Assess patients'	Commit to patient-centered
information about health	understanding of their	collaborative care planning.
literacy based on diversity	health issues and create	
of patient population	plans with the patients to	Accept that health literacy
	manage their health	is a problem in safe care,
		especially during the
		transition to home-based
		care
		Value diversity of health
		literacy levels among
		patient populations

Analyze the effectiveness of methods to engage specific patients as partners in their health care Analyze patient-centered	Effectively work with patients to engage them in their health care as they deem appropriate for them Work with patients to create	Respect preferences of patients related to their level of engagement in health care decision-making. Commit to respecting the
care in the context of care coordination, patient education, physical comfort, emotional support, and care transitions	plans of care that are defined by the patient	rights of patients to determine their care plan to the extent that they want
Analyze ethical and legal implications of patient-centered care	Work to address ethical and legal issues related to patients' rights to determine their care	Respect that legal and ethical issues provide a framework for patient-centered care
Describe the limits and boundaries of patient-centered care	Support patients in their decisions even when the decision conflicts with personal values	Respect the boundaries of therapeutic relationships
Analyze concepts related to conflictual decision making by patients	Assess level of patient's decisional conflict and provide appropriate support, education and resources	Respect the complexity of decision making by patients
Analyze personal attitudes, values, and beliefs related to patient- centered care	Continuously assess and monitor own efforts to be patient-centered	Commit to continuously assess own participation in patient-centered care
Analyze strategies that empower patients or families in all aspects of the health care process	Engage patients or designated surrogates in active partnerships along the health-illness continuum	Respect patient preferences for degree of active engagement in care process Honor active partnership
	Eliminate barriers to presence of families and other designated surrogates based on	with patients or designated surrogates in planning, implementation, and evaluation of care
	patient preferences	Value the involvement of patients and families in care decisions
Analyze features of physical facilities that support or pose barriers to patient-centered care	Create organizational cultures so that patient and family preferences are assessed and supported	Appreciate physical and other barriers to patient-centered care

Assessment of research that exists for physical designs	
that promote patient-	
centered care: (e.g.,	
modules or pods concepts,	
low barriers for children,	
color designs that support rest and stress reduction,	
, and the second	
etc.)	

Evidence-based practice		
Knowledge	Skills	Attitudes
Demonstrate knowledge of health research methods and processes	Use health research methods and processes, alone or in partnership with scientists, to generate new knowledge for practice	Appreciate strengths and weaknesses of scientific bases for practice
Describe evidence-based practice to include the components of research evidence, clinical expertise, and patient/family/community values	Role model clinical decision making based on evidence, clinical expertise, and patient/family/community preferences	Value all components of evidence-based practice
Identify efficient and effective search strategies to locate reliable sources of evidence Identify principles that comprise the critical appraisal of research evidence	Employ efficient and effective search strategies to answer focused clinical or health system practices Critically appraise original research and evidence summaries related to area of practice	Value development of search skills for locating evidence for best practice Value knowing the evidence base for one's practice specialty area
Summarize current evidence regarding major diagnostic and treatment actions within the practice specialty and healthcare delivery system	Exhibit contemporary knowledge of best evidence related to practice and healthcare systems	Value cutting-edge knowledge of current practice
Determine evidence gaps within the practice specialty and healthcare delivery system	Promote a research agenda for evidence that is needed in practice specialty and healthcare system	Value working in an interactive manner with the Institutional Review Board

	Actively engage with the	
	institutional review board to	
	implement research	
	strategies and protect	
	human subjects	
Identify strategies to	Use quality improvement	Appreciate the gaps in
address gaps in evidence	methods to address gaps in	evidence related to practice
based guidelines	evidence based guidelines	-
Develop knowledge that	Build consensus among key	Champion the changes
can lead the translation of	stakeholders through the	required that support
research into evidence-	use of change theory to	evidence-based practice
based practice	create evidence-based care	_
	Lead and marshal the	
	resources for change that	
	supports evidence-based	
	practice	
Analyze how the strength	Implement care practices	Appreciate the strength of
of available evidence	based on strength of	evidence on provision of
influences care-	available evidence	care
(assessment, diagnosis,		
treatment, and evaluation)		
Evaluate organizational	Participate in designing	Appreciate that
cultures and structures	organizational systems that	organizational systems can
that promote evidence-	support evidence-based	significantly influence
based practice	practice	nursing's efforts in
		evidence-based practice
Understand the need to	Use coaching skills to	Appreciate that all nurses
define critical questions	engage nurses in evidence	can participate in creating
related to practice and	based practice and research	evidence-based practice
healthcare system delivery		

Informatics		
Knowledge	Skills	Attitudes
Analyze systems theory and design as applied to health informatics	Use performance improvement tools (e.g., Lean, Six Sigma, PDSA) in system analysis and design	Value systems thinking and use of technology to improve patient safety and quality
	to assess use of technology to improve care)	Appreciate the Systems Development Lifecycle
	Use project management methods in relation to implementation of new technologies	(SDLC) in the design of information systems

Evaluate benefits and	Model behaviors that support theories and methods of change management Participate in the	Recognize nursing's
limitations of common	selection, design,	important role in selecting,
information systems	implementation, and	designing, implementing
strategies to improve safety	evaluation of information	and evaluating health
and quality	systems	information systems for
1		practice environments.
Evaluate the strengths	Consistently communicate	
and weaknesses of	the integral role of	Appreciate the need for an
information systems in	information technology in	interprofessional team to
practice	nurses' work	make final decisions related
	35 333 3 4 4	to selection and use of new
	Model behaviors that	information systems
	support implementation and an appropriate use of	Value the use of
	electronic health records	information technologies
	creet one nearth records	in practice
	Assist team members in	and processor
	adopting information	
	technology by piloting and	
	evaluating proposed	
	information technologies	
	Participate in the design	
	of clinical decision	
	supports (CDS) systems	
	(e.g., alerts and reminders in electronic health	
	records)	
	Anticipate unintended	
	consequences of new	
	technology	
Know the current regulatory	Use federal and other	Appreciate the role that
requirements for	regulations related to	federal regulation plays in
information systems use	information systems in	developing and
	selecting and implementing	implementing information
	information systems in	systems that will improve
	practice	patient care and create more
Identify the critical and	Soarch ratriova and	Appreciate the importance
useful electronic data	Search, retrieve, and manage data to make	Appreciate the importance of valid, reliable and
needed to provide high	decisions using	significant data to improve
quality, efficient care	information and	quality and provide efficient

through effective decision support (clinical, financial	knowledge management systems	and effective care
and administrative outcomes)	Use the existing coding and billing system to appropriately reflect the level and type of service delivered in practice	
	Model behaviors that support implementation and appropriate use of data accessed through databases, electronic health records, dashboards, remote monitoring devices, telemedicine and other technologies	
Evaluate benefits and limitations of different health information	Promote access to patient care information for all who provide care	Appreciate the need for consensus and collaboration in
technologies and their	-	developing systems to
impact on safety and quality	Serve as a resource for documentation of nursing	manage information in practice
quanty	care at basic and	practice
	advanced levels	Value the confidentiality
	Develop safeguards for protected health information	and security of all electronic information
	Comply with HIPAA regulations in the use of electronic health records and other sources of patient information.	
	Champion communication technologies that support clinical decision-making, error prevention, care coordination, interprofessional collaboration, and protection of patient	
	privacy	

Understand how technology can be used to engage and empower patients as partners in managing their own care	Model behaviors that support the use of consumer informatics (e.g., consumer website, social networking, telemedicine, e-visits, security) Access and evaluate the use of mobile technologies (e.g., sensing devices, mobile communication devices, smart phones and other devices) to improve quality and safety	Appreciate the benefits of socio-technology innovation for improving patient safety and quality
Describe and critique taxonomic and terminology systems used in national efforts to enhance interoperability of information systems and knowledge management systems	Access and evaluate high quality electronic sources of health care information Support efforts to develop interoperable regional health information systems	Value the importance of standardized terminologies in conducting searches for information Appreciate the contribution of information technology to improve patient safety (e.g, alerts reminders and other forms of CDS) Appreciate the time, effort, and skill required
		for computers, databases, and other technologies to become reliable and effective tools in practice

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Strategic Advisory Group for Graduate-Level QSEN Competencies

Nurse Practitioners:

Jean Johnson, PhD, RN, FAAN (Chair)
Dean and Professor
George Washington University, School of Nursing
900 23rd Street, NW, Suite 6167
Washington, DC, 20037
202-994-3725
jejohns@email.gwu.edu

Administration:

Patricia Patrician, PhD, RN, FAAN Associate Professor and Banton Endowed Professor University of Alabama at Birmingham, School of Nursing 1530 3rd Avenue South, NB 324 Birmingham, AL 35294-1210 205-996-5211 ppatrici@uab.edu

Maureen Swick, PhD, RN Senior Vice President and Chief Nurse Executive of INOVA Health System <u>Maureen.swick@inova.org</u> 703-205-2254

Clinical Nurse Leaders:

James Harris, DSN, RN, MBA, APRN-BC Deputy Chief Nursing Officer Office of Nursing Services VA Headquarters (108) 810 Vermont Ave., N.W. Washington, DC 20420 202-461-6700 James L. Harris@va.gov

Clinical Nurse Specialists:

Patti Zuzelo, EdD, RN, ACNS-BC, ANP-BC, CRNP Professor and DNP Program Director La Salle University, School of Nursing and Health Sciences 1900 West Olney Avenue Philadelphia, PA 19141 USA 215-951-1463 zuzelo@lasalle.edu

Education:

Nancy DeBasio, PhD, RN
Dean and Professor
Research College of Nursing
2525 East Meyer Blvd.
Kansas City, Missouri 64119
816-995-2815
nancy.debasio@researchcollege.edu

Informatics:

Thomas Clancy, PhD, MBA, RN
Clinical Professor
Assistant Dean for Faculty Practice, Partnerships, and Professional Development
University of Minnesota, School of Nursing
5-140 Weaver-Densford Hall
308 Harvard Street SE
Minneapolis, MN 55455
612-626-2102
clanc027@umn.edu

Nurse Anesthetists:

John Preston, CRNA, DNSc Senior Director, Education and Professional Development American Association of Nurse Anesthetists 222 S. Prospect Avenue Park Ridge, IL 60068 847-939-3530 jpreston@aana.com

Nurse Midwives:

Barbara Camune, DrPH Clinical Associate Professor University of Illinois at Chicago College of Nursing 845 South Damen Avenue MC 802 Chicago, IL 60612 312-355-3038 bcamune@uic.edu

Public Health:

Jeanne Matthews, PhD, RN
Chair, Department of Nursing
Georgetown University School of Nursing & Health Studies
St. Mary's Hall, 3700 Reservoir Road, NW
Washington, DC 20057-1107
202-687-9147
mattheje@georgetown.edu

Quality and Safety:

Karen Drenkard, PhD, RN, NEA-BC, FAAN Executive Director American Nurses Credentialing Center 8515 Georgia Ave, Suite 400 Silver Spring, MD 20910-3492 800-284-2378 karen.drenkard@ana.org

Mary Jean Schumann, DNP, MBA, RN, CPNP Executive Director
Nursing Alliance for Quality Care (NAQC)
nursingAlliance@gmail.com
mschuma7@gwu.edu

Phone: (202) 994-5083 Fax: (202) 994-2777

Esther Emard, MSN, RN, MSLIR COO, National Committee for Quality Assurance (NCQA) emard@ncqa.org

Phone: 703-205-2254

Kathy McGuinn, MSN, RN, CPHQ Director, Special Projects AACN

Phone: 202-463-6930 Fax: 202-785-8320

kmcguinn@aacn.nche.edu

Endorsing Organizations for Graduate-Level QSEN Competencies

American Academy of Ambulatory Care Nursing (AAACN)

East Holly Avenue, Box 56 Pitman, NJ 08071 http://www.aacn.org/

American Association of Critical-Care Nurses (AACCN)

101 Columbia Aliso Viejo, CA 92656 http://www.aacn.org/

American Nurses Association (ANA)

8515 Georgia Avenue, Suite 400 Silver Spring, MD 20910 http://www.nursingworld.org/

Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN)

2000 L Street, NW, Suite 740 Washington, DC 20036 http://www.awhonn.org/awhonn/

International Society of Nurses in Genetics (ISONG)

461 Cochran Road, Box 246 Pittsburgh, PA 15228 http://www.isong.org/

National Gerontological Nursing Association (NGNA)

3493 Lansdowne Drive, Suite 2 Lexington, KY 40517 http://www.ngna.org/

National Organization of Nurse Practitioner Faculties (NONPF)

1615 M Street NW, Suite 270 Washington, DC 20036 http://www.nonpf.com/

Oncology Nursing Society (ONS)

125 Enterprise Drive Pittsburgh, PA 15275 http://www.ons.org/