CNL

Clinical Nurse Leader

CNL CERTIFICATION EXAM REVIEW COURSE

17 chapters | 6 modules | 18 CEUs

The modules were created for those seeking to prepare for the CNL Certification Examination, practicing CNLs renewing certification through continuing education units (CEUs), and others seeking nursing continuing professional development opportunities.

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The Voice of Academic Nursing

Module 1: Nursing Leadership I

Chapters

Implementation of the CNL Role
[1 CE]

Patient Assessment
[2 CEs]

Ethics
[1 CE]

Implementation of the CNL Role

Author: Elizabeth Davis, DNP, RN, CNL, RN-C-MNN
Reviewer-Subject Matter Expert:
Patricia Thomas, PhD, ACNS-BC, RN, CNL, FAAN

Learner Outcomes:
1) Recognize the evidence that supports the CNL role.
2) Explain the role of the CNL in value-driven healthcare systems.
3) Identify barriers to change in practice and theory.
4) Examine the CNL role within a variety of practice settings.
5) Communicate the impact of the CNL role on practice outcomes.

Patient Assessment

Author: Mary E. Stachowiak, DNP, RN, CNL
Reviewer-Subject Matter Expert:
Kimberly Olszewski, DNP, CRNP, COHN-S/CM, FAAOHN, FAAN

Learner Outcomes:
1) Review the components of an advanced holistic history and physical examination.
2) Identify the components of an advanced clinical assessment, including laboratory and diagnostic tests as part of a client's plan of care.
3) Examine key components of pharmacology used by an advanced nursing clinician.
4) Apply clinical judgment and decision-making skills in the delivery of client-focused care.

Ethics

Author: Elizabeth Davis, DNP, RN, CNL, RN-C
Reviewer-Subject Matter Expert:
Sarah Vittone, DBe, MSN, RN

Learner Outcomes:
1) Describe common legal and ethical principles in nursing practice.
2) Apply an ethical decision-making framework to clinical situations.
3) Analyze the role of the CNL in healthcare delivery addressing healthcare trends, social justice, and disparities.

Module 2: Nursing Leadership II

Horizontal Leadership

Author: Donna Ernst, DNP, RN, NEA-BC, CNL
Reviewer-Subject Matter Expert:
J. Michael Leger, PhD, MBA, RN, NEA-BC, CNE, CNL

Learner Outcomes:
1) Describe leading interprofessional teams and validate the importance of collaboration with interprofessional teams to meet the demands of changing health care.
2) Correlate the use of process improvement in providing safe, high-quality care based on evidence in varied healthcare settings.

Healthcare Advocacy

Author: Rachel Stevenson, MA
Reviewer-Subject Matter Expert:
 Sally Cohen, PhD, RN, FAAN

Learner Outcomes:
1) Explain the unique and imperative role of the CNL in advocating for healthcare policy.
2) Describe how the CNL can effectively advocate for clients and patients in all communities, especially for rural, underserved, and vulnerable populations.
3) Outline strategies for effective and impactful advocacy that can be integrated at the community, state, or federal levels.
4) Provide resources and tools that empower CNLs to advocate for patients, the profession, and their communities.

Lateral Integration of Care Services

Author: Linda Roussel, PhD, RN, CNL, FAAN
Reviewer-Subject Matter Expert: Miriam Bender, PhD, RN, CNL

Learner Outcomes:
1) Describe the CNL as a lateral integrator championing a culture of safety and quality.
2) Apply lateral integration skills in executing the CNL role in healthcare systems across the care continuum.
3) Explain the CNL as process expert and lateral integrator of patient-care services.

Module 3: Clinical Outcomes Management

Chapters

Illness/Disease Management
[1 CE]

Health Promotion & Disease Prevention
[1 CE]

Healthcare Policy
[1 CE]

Illness/Disease Management

Author: Mary E. Stachowiak, DNP, RN, CNL
Reviewer-Subject Matter Expert:
Sherrie Lessans, PhD, RN, CNL

Learner Outcomes:
1) Create a tool kit of key resources to enrich understanding of the components of illness and disease management.
2) Apply the principles of disease management, population-health management, case management, and care coordination to the management of patient populations.
3) Identify and anticipate patient and population risk to adjust processes and practices to improve outcomes.
4) Articulate the impact of healthcare literacy, health equity, and determinants of health on patient and population outcomes.

Health Promotion & Disease Prevention

Author: Susan Swider, PhD, PHNA-BC, FAAN; Heide Cygan, DNP, RN, PHNA-BC; and Monique Reed, PhD, RN
Reviewer-Subject Matter Expert:
J. Michael Leger, PhD, MBA, RN, NEA-BC, CNE, CNL

Learner Outcomes:
1) Demonstrate an understanding of the role of cultural and social factors in the development of health promotion/disease prevention interventions in individuals, families, and communities.
2) Describe the role of the CNL as a member of a team in the development and implementation of an assessment plan to address health promotion/disease prevention needs for a targeted population.
3) Identify and engage stakeholders (e.g., physicians, nurse practitioners) necessary for the development of effective interventions for health promotion and disease prevention.
4) Describe the role of the CNL as a member of the team in the planning of an evidence-based intervention to address health promotion/disease prevention needs for a targeted population.
5) Demonstrate an understanding of case management principles to coordinate care for individuals/families in a community setting.

Healthcare Policy

Author: Rachel Stevenson, MA
Reviewer-Subject Matter Expert: Sally Cohen, PhD, RN, FAAN

Learner Outcomes:
1) Outline components of the legislative and regulatory policy making processes.
2) Describe the role of legislation and policy in influencing healthcare delivery and outcomes.
3) Discuss the role CNLs and nurses play throughout the policymaking process.
4) Identify resources that facilitate policy awareness and engagement.
5) Explain the connection between policymaking and the power of advocacy.

Module 4: Care Environment Management I

Chapters

Knowledge Management
[1 CE]

Quality Improvement & Safety
[1 CE]

Evidence-Based Practice
[1 CE]

Knowledge Management

Author: J. Michael Leger, PhD, MBA, RN, NEA-BC, CNE, CNL
Reviewer-Subject Matter Expert: Brian Collins, BS

Learner Outcomes:
1) Describe how using data can inform decision making.
2) Explain how healthcare organizations identify, track, and utilize indicators.
3) Determine the most appropriate type of graph or chart for communicating performance based on available data and the trends highlighted.
4) Interpret information and trends based on information from graphs and charts.

Quality Improvement & Safety

Author: Pam DeGuzman, PhD, MBS, RN, CNL
Reviewer-Subject Matter Expert:
Patricia Thomas, PhD, ACNS-BC, RN, CNL, FAAN

Learner Outcomes:
1) Differentiate ongoing local systems' focus on quality improvement initiatives from the best evidence.
2) Use data to evaluate processes and outcomes within care delivery systems to anticipate individual client risk and improve quality care.
3) Assess quality analysis tools used for identifying drivers of inconsistent healthcare outcomes.
4) Demonstrate the ability to analyze and synthesize data related to risk reduction and patient safety, including plan-do-study-act (PDSA), root cause analysis (RCA), microsystem assessment, and Failure Mode Effect Analysis (FMEA).

Evidence-Based Practice

Author: Kimberly Olszewski, DNP, CRNP, COHN-S/CM, FAAOHN, FAAN
Reviewer-Subject Matter Expert: Erica DeBoer, MA, RN, CCRN-K, CNL

Learner Outcomes:
1) Differentiate between research, evidence-based practice, and quality improvement.
2) Describe the steps in the evidence-based practice process.
3) Elaborate on the components of a clinical question, including the patient or population, intervention, and outcomes.
4) Understand how the evidence review processes used to develop the clinical question, key terms, and search strategies.
5) Determine the level and type of evidence using a variety of hierarchies to assess its credibility.
6) Appraise research evidence, including quantitative, qualitative, and mixed methods designs to synthesize and apply to practice change.

Module 5: Care Environment Management II

Chapters

Healthcare Finance and Economics
[1 CE]

Healthcare Informatics
[1 CE]

Healthcare Finance and Economics

Author: Elizabeth Davis, DNP, RN, CNL, RN-C
Reviewer-Subject Matter Expert:
J. Michael Leger, PhD, MBA, RN, NEA-BC, CNE, CNL

Learner Outcomes:
1) Apply organizational and financial concepts to examine the impact of U.S. healthcare delivery systems on patient care outcomes.
2) Identify current financial and economic concepts in today's healthcare environment.
3) Describe how health services financing shapes healthcare systems across care settings.
4) Evaluate cost-effective strategies and interventions focused on improving patient care outcomes.

Healthcare Informatics

Author: Marie Vanderkooi, DNP, MSN, RN-BC
Reviewer-Subject Matter Expert:
Marissa Wilson, DNSc, RN-BC, CPHIMS, FAMIA, FAAN

Learner Outcomes:
1) Describe tools and strategies to guide design and improvement of healthcare information technology integrated with care delivery processes.
2) Examine ethical, legal, interprofessional, and patient-engagement considerations related to healthcare informatics and technology.
3) Explain leveraging healthcare informatics and technology to impact patient, family, and population-health outcomes.

Module 6: Care Environment Management III

Chapters

Healthcare Systems/ Organizations
[1 CE]

Interprofessional Communication and Collaboration
[1 CE]

Team Coordination
[1 CE]

Healthcare Systems/Organizations

Author: Pam DeGuzman, PhD, MBS, RN, CNL
Reviewer-Subject Matter Expert: Kimberly Olszewski, DNP, CRNP, COHN-S/CM, FAAOHN, FAAN

Learner Outcomes:
1) Apply systems knowledge and thinking to address problems and develop solutions across the healthcare system.
2) Identify characteristics of high-performing microsystems.
3) Recognize economic, legal, and political factors that influence healthcare delivery.
4) Apply change management theory and research to guide change and dissemination of knowledge and sustainable change within healthcare systems.
5) Understand healthcare delivery system organization, finance, and the relationship of these to patient care.

Interprofessional Communication and Collaboration

Author: Rose Hoffman, PhD, RN, CNL
Reviewer-Subject Matter Expert: Sherrie Lessans, PhD, RN, CNL

Learner Outcomes:
1) Define the four core competencies of interprofessional collaborative practice.
2) Identify strategies to facilitate improved patient outcomes in the microsystem.
3) Use effective communication strategies to develop, participate, and lead interprofessional teams and partnerships.

Team Coordination

Author: Alicemarie S. Poyss, PhD, RN, CNL, APRN-BC
Reviewer-Subject Matter Expert:
Rose Hoffman, PhD, RN, CNL

Learner Outcomes:
1) Identify aspects of effective communication and engaging team members for quality improvement.
2) Apply problem-solving skills to foster success in implementing evidence-based practice.
3) Use conflict management skills to support plans and outcomes that achieve a high-reliability organization.

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